Hogansville Active Life Hosts Grand Opening of Fitness Center

Troup County, Ga. April 24, 2019 – Hogansville Active Life hosted an open house event on Tuesday to commemorate the grand opening of a new fitness center, along with additional facility upgrades.

The new fitness center is fully equipped with hydraulic fitness machines that were donated by an anonymous donor. The exercise equipment aims to promote resistance training and strives to enhance strength, endurance, and energy. This new amenity will provide an additional recreational opportunity for older adults and is complimentary for use of any member of Hogansville Active Life.

Dan Wooten, Aging Services Manager, introduced the new exercise room, along with the addition of new carpet throughout the facility, which was generously donated by Interface, Inc. and installed by Troup County maintenance staff. Wooten also announced the addition of two new computers in their established computer lab, which will help provide additional online resources to Active Life members, and the plan to extend WiFi capabilities throughout the building.

The Troup County Parks and Recreation facility is a gathering place for active adults ages 55 and older that offers a variety of recreational opportunities. Hogansville Active Life is currently offering fun activities daily, such as chair volleyball, bingo, line dancing, and sewing. The facility will soon host a field day inspired event on May 10th from 10:00AM-1:00PM, known as Fun Day. The County currently has three Active Life facilities located in LaGrange, Hogansville, and West Point, and they are each accepting new members (55+) daily.

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